

# CHILDREN'S Initiatives

## Infant Mental Health

### *Infant Mental Services offer...*

- Home-based services to provide parent(s) or caregiver(s) support and infant/toddler support
- Therapy to address ongoing mental health concerns
- Services to help the parent(s) or caregiver(s) and infant develop healthy relationships
- Referrals provided to meet families' needs
- Therapeutic services to enable parent(s) to resolve conflict within the family
- Services that provide information about infant's growth and development



### *What to Expect from My Infant Mental Health Specialist?*

- Home-based weekly visits
- Educational support to understand the developmental needs of your infant toddler
- Guidance/support in times of crisis
- Encouragement and guidance on interacting with your infant
- Help connecting with your community for support
- Link family to community resources and coordinate services
- Family-centered services

### *Who is Eligible?*

- Residents of Wayne County
- Individuals with Medicaid and MiChild
- Pregnant and/or a parent/caregiver with a child between 0-3 years of age
- Parents struggling with mental health concerns
- Infants experiencing low birth weight, eating, sleeping difficulties, delays in developmental milestones, infant failing to thrive
- Infant/Toddler with emotional or behavioral difficulties
- Families that have experienced loss or trauma

*For further information or for questions or concerns, please contact Customer Service at:*  
**(888) 490-9698**  
**TDD: (800) 630-1044**